

ARE YOU (OR SOMEONE YOU KNOW) EXPERIENCING A DISABILITY OR HEALTH CONDITION THAT MAKES IT DIFFICULT TO CARRY OUT ACTIVITIES OF DAILY LIVING?

Under the **Community Assistance and Support Program (CASP)**, we can assist you with home and community care services while you get back on your feet.



CASP aims to provide person-centred community based support to eligible people, their carers and/or families, to enhance their health and wellbeing, and facilitate their independence and participation in the community.

This is just one the great outcomes that we've already delivered under CASP:

Mary has been living with mental illness for a number of years and lately has been experiencing significant social isolation.*

After a comprehensive assessment from our CASP team, we were able to put a number of coordinated services and supports into place. Soon afterwards, Mary contacted us to say that she was "so very, very happy with exploring my local neighbourhood and having a coffee and cake with my support worker".

She also said "how gratifying it was to be able to have a fresh cooked chicken and frozen veggies again; I haven't had these in a couple of years because I didn't trust getting them home on the bus in time".

On a later occasion, we sent her our handyman to replace light globes in her bedroom and bathroom – this had been an issue causing her significant distress at night-time as she is afraid of the dark and didn't have anyone to ask to help her.

**Name withheld to protect privacy*

If, like Mary, you're struggling with daily activities and aren't sure where to turn to for assistance, contact us today to explore all your options.



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WHAT IS THE COMMUNITY ASSISTANCE AND SUPPORT PROGRAM?

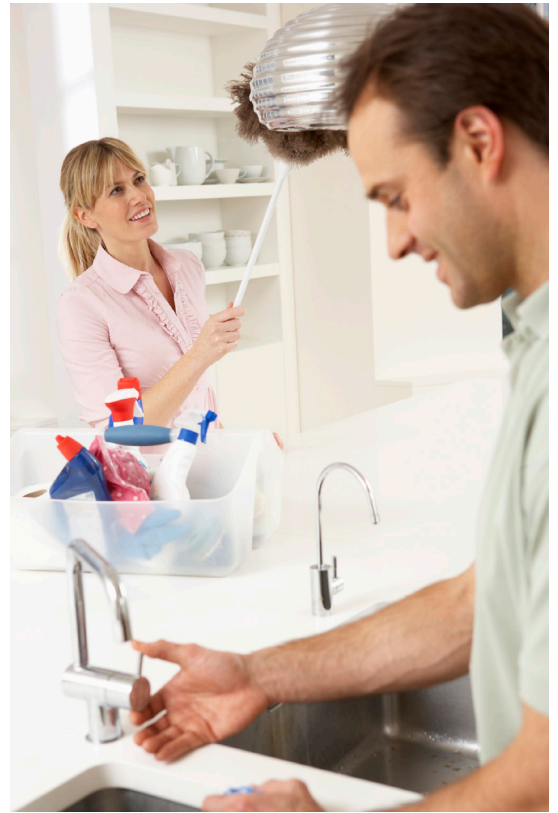
The Community Assistance and Support Program (CASP) aims to provide person-centred community based support to eligible people, their carers and/or families, to enhance their health and wellbeing, and facilitate their independence and participation in the community.

WHO'S ELIGIBLE?

Individuals under the age of 65 years who require home and community care supports due to difficulties with activities of daily living arising from a health condition.

This includes but is not limited to:

- Episodic health requirements, including mental health;
- Temporary health requirements, including mental health issues;
- A need for post-hospital care and support or assistance with hospital outpatient visits;
- A disability that is not of a 'significant and permanent' nature (as required by NDIS);
- Any combination of any number of these characteristics; and
- The unpaid carers and family members of any of the above individuals.



WHAT SERVICES CAN I RECEIVE?

CASP provides integrated, person-centred support including:

- Care coordination
- Household tasks and major cleans
- Personal care
- Mobile laundry service
- Gardening and lawnmowing
- Family support and respite
- Companionship and social support

Please note: Although services are subsidised by the ACT Government, some fees usually apply.



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